



Senior & Circle

A NORTHWEST HEALTHCARE RESOURCE

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# Joint Pain? Strategies for Coping with Knee and Hip Pain

Are you suffering from joint pain? Join Dr. Kim Tucker to learn about non-surgical and surgical treatment options for arthritic joints to help improve your active lifestyle.

**Speaker:** Kim Tucker, M.D.,  
Hip & Knee Replacement Specialist

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**Wednesday, March 10 at 3:30 p.m.**

This program is free to the public. Seating is limited; register early.

**Call 866-NW4WELL (866-694-9355) to RSVP or register online!**  
Go to [orovalleyhospital.com](http://orovalleyhospital.com) and click on "Community Education."

**Presented at Oro Valley Hospital**  
**1551 East Tangerine Road in Classrooms A and B**